

## LENT COURSE

The course has 6 sessions and we will start on Thursday February 26th. The course is called Teach Us to Pray and together we will explore how prayer is a mystery that deepens with experience and understanding.  
St Aidan's course will be running on Thursday evenings.

## STOREHOUSE LENT APPEAL

22nd Feb	Tinned Foods
1st March	Pasta, Rice, Sauces
8th March	Baby Items
15th March	Cereals, UHT Milk, Sugar
22nd March	Tea, Coffee, Hot Chocolate

## AFTERNOON TEA

*Saturday 28th February 2-4pm  
St. Laurence Church Hall*

*Reserve your place:  
Tickets £15 From Rosemary or  
Judy*

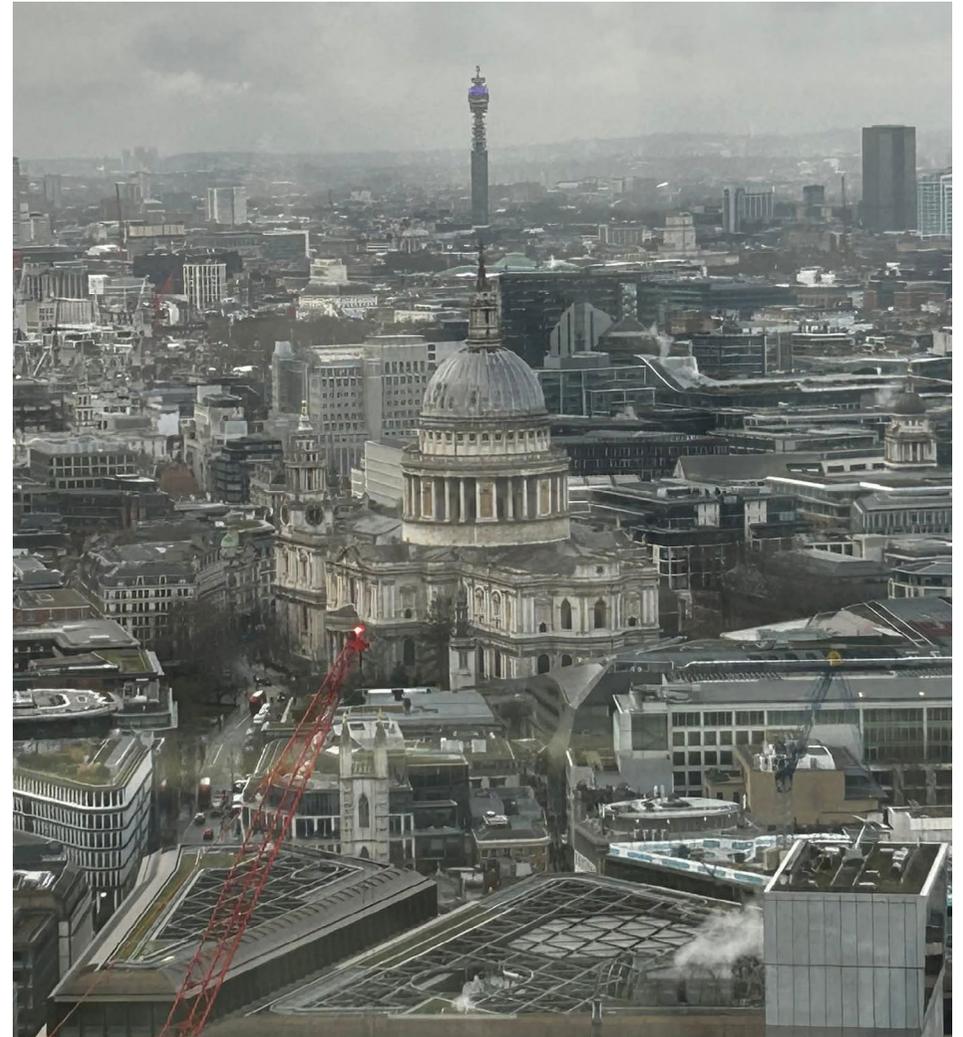


*Please inform us of any allergies or dietary requirements on booking.*



*ST LAURENCE EASTWOOD*

**A church for all generations, growing and sharing  
God's love and hope with our community.**



**Emma's picture of St Pauls Cathedral  
from the Sky Garden**

# Sunday February 22nd 2026

## Lent 1

9.00am Holy Communion BCP

### Readings

Genesis 2: 15-17, 3: 1-7

Romans 5: 12-19

Matthew 4: 1-11

### Collect

Heavenly Father,  
your Son battled with the powers of darkness,  
and grew closer to you in the desert:  
help us to use these days to grow in wisdom and  
prayer  
that we may witness to your saving love  
in Jesus Christ our Lord. Amen

### 10.30am Worship for Everyone

God so loved  
10,000 reasons  
Thy Hand O God has guided

" Rejoice always, pray continually, give  
thanks in all circumstances; for this is God's  
will for you in Christ Jesus."

*Verse for the year: 1 Thessalonians 5: 16-18*

### REGULAR EVENTS

**COFFEE MORNING** takes place in the back hall  
every Thursday morning from 10am - 11.30am and  
all are welcome,

## COMING UP

### February

23rd 1-2.30pm Honeybees  
26th 12pm Lent course begins at the Hall  
28th Afternoon Tea at the Hall

### March

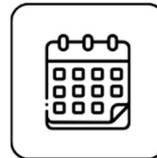
9th 1-2.30pm Honeybees at the Hall  
Standing Committee at the Hall  
14th 2pm Beetle Drive at the Hall  
15th Mothering Sunday  
21st 10.30am Visiting Bellringers  
23rd 1-2.30pm Honeybees at the Hall  
7.30pm PCC  
26th School visit to church

#### Online



Scan here with  
your phone  
camera to give

#### Regular Gift



set up a regular gift  
by Standing Order -  
please take a leaflet

#### Cash



in the collection  
plate

Please *giftaid it* if you are eligible

## PRAYER DIARY

**We pray for Worldwide Peace, for Refugees and the  
people of Ukraine and the whole of the Middle East.**

- Young Close
- Rev Mark James
- Churchyard Gardening Crew
- Apollo Dental Health, Aviation Way
- Concorde House, Comet Way
- Westcliff Rugby Club
- Afternoon Tea at the Hall

## PARISH INFORMATION

### Vicar Revd Carolyn Madanat

Email: rev.carolyn.madanat@gmail.com  
07925 941249

General info@st-laurence.org.uk  
For Prayer prayer@st-laurence.org.uk

Curate Revd Sarah Rachell 07891 692355

### Churchwardens

Glen Snowdon 07742 955035  
Veronica Newman 545790

### Deputy Churchwardens

Lee Thompson 306412  
Martin Newman 545790

### Treasurer

Danny Keech 528481

Safeguarding safeguarding@stlaurence.org.uk

### Hall Bookings

Cheryl Barwell 07396-360109  
Email: info@hall.st-laurence.org.uk

### Churchyard Gardening

Glen Snowdon 07742 955035  
**Church Flowers** Bev Snowdon 07757 392675

### Web

Church www.st-laurence.org.uk  
Churchyard www.thechurchyard.co.uk/plots

Alternate Mondays - Honeybees, Term time at the Hall 1.00pm

Email: honeybees@st-laurence.org.uk

### Weekly Activities

#### Tuesday

Gardening/DIY Crew 9.30am  
Craft Group (07906 845289) Hall 2.15pm  
St L. Players (545680) Hall 7.30pm

#### Thursday

Coffee Morning Hall 10- 11.30am  
Bell Ringers (551906) 7.30pm

#### Friday

Beavers/Cubs (07810 505280) Hall 5.00pm  
Scouts (01268 785388) Hall 7.30pm